PROFILE OF SOUTH Belfast

Population in South Belfast
68,807 people

Neighbourhood
Renewal Areas:
Inner South (Botanic and Shaftesbury)
South West (Windsor and Blackstaff)

Areas at Risk:
Ballynafeigh
Annadale
Taugmonagh

Emotional Wellbeing

24% of deaths as a result of suicide in Belfast were in South Belfast (2012)

24% of mood and anxiety hospital admissions in Northern Ireland were in Belfast Hospitals (2012)

Physical Wellbeing

23% of deaths due to chronic respiratory conditions in Belfast were from South Belfast (2006-2012)

22% of deaths due to chronic circulatory conditions in Belfast were from South Belfast (2006-2012)

22% of primary school pupils diagnosed with diabetes were from South Belfast (2013)

34% of post primary school pupils diagnosed with diabetes were from South Belfast (2013)

CONTACT US

The South Belfast Health Strategy and local area action plan has been developed through the South Belfast Health Forum and will be delivered through the support of South Belfast Partnership Board.

For a more detailed South Belfast Health Strategy and action plan or to register on the South Belfast Health Forum contact:

Strategic Health Officer
South Belfast Partnership Board
23 University Street, Belfast, BT7 1YF

Telephone: 02890 244 070
Email: enquiries@southbelfast.org
Website: www.southbelfast.org

South Belfast Health Strategy
2015 - 2017

www.southbelfast.org

South Belfast Partnership Board

South Belfast Health Strategy

To work towards a healthy and equitable South Belfast

To improve health and reduce inequalities

To reduce health inequalities and improve health outcomes

To develop a healthy and active lifestyle

Purpose

The South Belfast Health Strategy will support the South Belfast Partnership Board’s (SBPB) Strategic Health Officer to address health inequalities and address emerging health concerns of residents of all sectors and groups.

The South Belfast Health Strategy will support and complement the local action plans of the following programmes:

- Belfast Health and Social Care Trust
- Belfast City Council

The South Belfast Health Strategy will support the delivery of the Strategy to improve health and address inequalities across South Belfast.

Mission Statement

South Belfast Health Strategy encourages creative and productive positive lifestyle initiatives and promotes positive outcomes to address health inequalities and promote positive health outcomes.
SOUTH BELFAST HEALTH FORUM MEMBERS

COMMUNITY REPRESENTATIVES
Annadale and Haywood Community Association
Ballynahinch Community Development Association
Blackstaff Community Association
Belfast Islamic Centre
Belvoir Community Forum
Chinese Welfare Association
Community Action Support Group (CAST)
Donegal Pass Community Forum
Greater Village Regeneration Trust
Lower Ormeau Resident’s Action Group
Markets Development Association
Northern Ireland Muslim Family Association
Sandy Row Community Forum
South Belfast Alternatives
South Belfast Partnership Board
South Belfast Roundtable
South City Resource Centre
Taughmonagh Community Forum
Windsor Women’s Centre

STATUTORY REPRESENTATIVES AND PARTNERSHIPS
Belfast City Council
Belfast Health and Social Care Trust
Belfast Healthy Cities
Belfast Health Development Unit
Belfast Strategic Partnership
Children and Young People’s Strategic Partnership
Northern Ireland Housing Executive
Public Health Agency

PRIVATE SECTOR REPRESENTATIVES
Queens University Belfast
South Belfast General Practitioners

VOLUNTARY REPRESENTATIVES
Arthritis Care
Alzheimer’s UK
Aware NI
Belfast Food Network
Contact NI
Engage with Age
GEMS NI
Mediation NI
Mind Wise
National Energy Association
New Life Counselling
NIACRO
Oasis
People First
Rainbow Project
Samaritans
Save the Children
Sólás
South Belfast Sure Start

THEMATIC PRIORITY 1: EMOTIONAL WELLBEING
- To endorse the Belfast Strategic Partnership Emotional Resilience Strategy
- To promote early intervention and prevention through the delivery of a local community response plan
- To increase awareness of mental health issues and build emotional resilience in communities
- To increase awareness and access to emotional wellbeing support services for families
- To increase coordination and collaboration of mental health and emotional wellbeing services via talking therapy hubs

THEMATIC PRIORITY 2: PHYSICAL ACTIVITY AND NUTRITIONAL EDUCATION
- To increase participation in physical activity programmes in South Belfast
- To increase coordination and collaboration of physical activity programmes across centres in South Belfast
- To coordinate health/nutritional education messages to ensure consistency in delivery across South Belfast
- To take cognisance and influence the delivery of the city-wide chronic disease hubs
- To build capacity of those who cannot access employment

THEMATIC PRIORITY 3: ADDRESSING ISOLATION OF MARGINALISED GROUPS
- To endorse the BSP Belfast Age Friendly Plan
- To raise awareness of the challenges faced by BME communities and support structures and communities to address these inequalities
- To raise awareness of the challenges faced by individuals and their families and ensure adequate support is in place

THEMATIC PRIORITY 4: USE AND MISUSE OF ALCOHOL AND DRUGS
- To deliver a collaborative intervention, prevention and recovery response to alcohol and drug use and misuse in South Belfast
- Build capacity of staff in local organisations to understand the risk associated with the use/misuse of alcohol and drugs
- To raise awareness of positive lifestyle choices and ensure consistency across the messages of risk associated with drugs and alcohol particularly among young people and seniors in South Belfast